

[STORY] Sessions]

The power of a great STORY is that it leaves us asking
‘Whats possible right now?!’

Why?

A powerful story hooks emotion within us, causes us to reflect, heightens
our senses... influencing our perspective with its message.

**The greatest power of a story is the
story it starts in you.**

No matter who you are - individual, team, organisation, community - you
have the potential to live out a story of impact.

To leave a legacy.

To have your story told.

Story Sessions - **sharing and activating
stories right now!**

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GARETH GALE

As a drummer, Gareth Gale, started off his career where any young boy would - playing rock and roll! His aspirations would one day take an unknowing turn when a drum solo catches his attention at the end of a song entitled 'Take 5' by David Brubeck. Knowing that his direction would not yield the results that Brubeck's drummer achieved, Gareth story changed direction.

Story Sessions with Gareth Gale walks you through his journey.

We watch as Gareth demonstrates how a drum kit can bring to life the dynamic nature of being open to diversity. Through the mediums of jazz, funk, hip hop, drum & bass, reggae & more we experience the power of both individuality and collaboration.

We discover what it means to be committed to your talent, going behind the scenes experiencing how Gareth develops the skill to deliver in studio and on stage.

We learn more about how humility as a drummer is displayed in the laying down of groove to allow others to shine.

We are inspired by those who inspire Gareth as he perseveres knowing that he is great yet has the potential to be even greater.

Its a story about one man and one drum kit who together have built a drum school, written books, developed a media platform, received sponsorships and supported musicians on an international scale.

It's a story which asks...
"What's possible right now?"



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Gareth Gale available in the following formats:

Interactive Presentation including:

- media - images and video
- live drum demonstrations (may include guest musicians)
 - crowd participation with the drum kit
 - Q&A

Half Day Workshop format:

All of the above including break away sessions to unpack insights learnt from the Gareth Gale story. Great for a team who want to use the experience to catalyse shifts in how they operate.

For more information and bookings
please contact carey@applelive.com